



Serving Colorado Springs

Since 1897

Child Nursery Centers

Historic Day Nursery

Our mission: To provide high quality, comprehensive early care and education for all children.

Antlers Place

108 Antlers Place, 80903

719-634-1277

18 months to 6 years

Historic Day Nursery

104 E. Rio Grande, 80903

719-632-0855

2 ½ years to 14 years

Meadows Park

1939 S. El Paso Ave., 80906

719-385-7945

12 months to 5 years

Sand Creek

550 Sand Creek Drive, 80916

719-591-1556

2 ½ years to 7 years

South Chelton

1465 S. Chelton Road., 80910

719-574-4422

6 weeks to 5 years

Dare to Dream @ Monterey

2311 Monterey Road., 80910

719-579-2933

School Age

Dare to Dream @ Mountain Vista

2550 Dorset Drive, 80910

719-527-3412

School Age

Dare to Dream @ Sand Creek

550 Sand Creek Drive., 80916

205-2265

School Age

Dare to Dream @ Stratton Meadows

610 Brookshire Ave., 80906

719-538-1409

School Age

Corporate Offices

104 E. Rio Grande, 80903

719-632-1754

From the Director

We have some interesting news at the Day Nursery...

I will be resigning my position at the end of the month to move with my family to New Mexico. The move was very unexpected since we just got here less than a year ago but my husband is in the military so what more can you say...

I have really en-

joyed getting to know all of the children and families at the Day Nursery. It was a great experience!

Ms. Jamie, who was formerly the lead teacher in charge at the Day Nursery, will be taking over as the interim center director at the Day Nursery. She has some great experience as a center director in the past.

I'm sure you all will enjoy having her here.

Please let me know if you have any questions or you can speak with Ms. Jamie as well.

Ms. April

Accreditation Corner

This month we are focusing on Standard 5: Health.

Program Standard:

The program promotes the nutrition and health of children and protects children and staff from illness and injury.

Rationale: To benefit from education and maintain quality of life, children need to be as healthy as possible. Health is a state of complete physical, oral, mental, and social well-being and not merely the absence of disease or infirmity (World Health Organization 1948). Children depend on adults (who also are as healthy as possible) to make healthy choices for them and to teach them to make healthy choices for themselves. Although some degree of risk taking is desirable for learning, a quality program prevents hazardous practices and environments that are likely to result in adverse consequences for children, staff, families, or communities.

Please ask your child's teacher or Center Director if you have any questions!

Visit us Online at
WWW.CSCNC.ORG

From the Parent Handbook

CUBBIES

Upon enrollment each child will be assigned a "cubby." This well provide storage space for your child's personal belongings. Please check your child's cubby on a daily basis for items that need to be taken home.

CLOTHING

Children should dress in practical clothing that allows for freedom of movement and is appropriate for the weather. **Your child will be involved in a variety of activities including; painting, outdoor play, sand, water and other sensory activities. Please dress your child in clothes that allow for your child's full participation in all classroom activities. Our classroom staff takes precautionary measures to protect your child's clothing; however, in the event that your child's clothing is damaged or lost, CNC will not be held responsible. Each child should have a minimum of one change of clothing, labeled with the child's name.**

TOYS

CNC does not allow your child to bring toys, food, or money to our centers unless requested by your child's teacher. CNC will not be responsible for lost or broken items.

Pre I

We, the Pre I class, would like to welcome Jonathan, Aryanna, Ella, Carson, Anissa and Roger. This month we will be focusing on ABC's and reading Chicka, Chicka Boom, Boom. Some of our activities for the month will be doing letter tracing, sponge shape painting, streamer dancing and working on the first let-

ter in each child's name. On Friday the 12th of June we will be having an ice cream social from 3:30-5:30pm. Please join us in the fun. We will be sending home glitter name kits for you to work on and bring back to class. As a reminder, please bring a swimsuit and towel for splash days on Wednesdays throughout the summer.

Be sure to label everything with your child brings to class. Please remember that only one soft toy is allowed for nap time- all other toys should stay at home (including jewelry and potential choking hazards). Have a great June and please feel free to stop in and chat!

Ms. Tasha & Ms. Emily

Pre II

Welcome to summer in

Pre II! Elizabeth, Aislynn and Catterra have joined our crew and are adjusting nicely to new friends, routines and Pre II ways. The existing students are really stepping up, helping out and leading by example. Great things to come-

Our June Storybook Journeys lend themselves to life at the pond- with focus on frogs, turtles and fish. We are incorporating learning activities slowly into the mix. We are developing social skills, rules and routines

throughout the day. Our key learning is the life cycle of the frog, counting objects accurately and participating fully in Pre II life.

Beginning mid-June, Ms. Jamie will be stepping into the interim director role here at the Day Nursery. Ms. Jamie and Ms. April will be working together to make the transition as seamless as possible. Ms. Sue will continue to be the stabilizing force here in Pre II. We look forward to all this summer brings.

REMINDERS:

Please make sure your child has a change of clothes at school and continues to bring a light jacket daily. Our water day will be Tuesdays. Your child will need a swimsuit or appropriate water wear and a towel every Tuesday in June and July.

We look forward to a wet, wonderful and often times wild summer with your child at the Day Nursery.

Ms. Jamie and Ms. Sue

Pre III

Hello again from Pre III!

May was a month of Hello's and Goodbyes. We will miss Canon, Angela, Neveah, Zachary, Murphy and Owen.

We want to say welcome to Alexander, Trevor, Meghan, AJ, Afton, Ethan and Jedrek!

Over the next couple of weeks, we will be reading stories about counting so we can learn our numbers. If you have any questions or concerns, don't hesitate to

ask us. We are looking forward to the summer with your children.

Ms. Christine, Ms. Linda & Ms. Molly



Dragonflies

The first two weeks of June we will be learning about the wild, wild west. The children will get to make a trail mix and chocolate cow shakes—yummo! We will pan for gold, make covered wagons and

much more. We also will be working on rhyming and sounds that letters make.

The last part of June we will learn all about eggs and what you can do with eggs. We will watch eggs jump,

eggshells disappear, and see how strong eggs really are. We will make yarn eggs and an eggshell bouquet. We will also focus on the letter “E”.

Ms. Tami

Happiville

3 CHEERS FOR SUMMER!!! This summer our Storybook Journeys run for 2 weeks with one main focus. Our first unit was sports. We talked about: when sports started, what kinds of sports there are, and favorite sports.

Each unit will have

field trips that go along with it (be on the look-out for permission slips). Please remind your child to wear shoes and socks on field trip days (NO FLIP-FLOPS, SANDALS OR CROCKS). The unit for June 8th-19th will be Banking and Business with lots of fun activities

planned. Please feel free to stop by and hang out with us in HAPPIVILLE, we would love to have you.

Ms. Kiesha and the Happivillers

“If the person you are talking to doesn’t appear to be listening, be patient.

It may simply be that he has a small piece of fluff in his ear.”

-Winnie The Pooh

T-Birds

Dear Families:

With the start of our summer program, the children will have lots of fun! Our first three units include/d Sports during May and the first week in June; Banking/Business June 8-19 and Going Green the last two weeks of the month. Activities include: drawing

dimensions, making basketball hoops, making tennis rackets, sports collages, money counting, jobs in banking, checking and savings accounts differences, building a bank, store banner, ads for your store, pricing your product, building a candy store, bean planting, making recycling

boxes, designing a trash truck and many more activities. If you have any questions, please feel free to ask me at anytime.

Mr. Fred

PS: On field trip days, please have children wear proper footwear.

Safety First

Part I: Child care providers, teachers and parents alike should partner together to teach children of all ages, and especially youngsters, about fire safety. Here are 10 tips for teaching fire safety for kids.

1. Escape Route Planning—Designate two ways out of every room, if at all possible.
2. Windows Are For More Than Fresh Air—Make sure that windows are not stuck closed, that screens can be removed quickly, and that security bars can be opened. For parents in particular, if a

child's bedroom is upstairs, they should be able to complete these tasks in the event of an emergency.

3. Second Floor Safety—Escape ladders should be placed near second floor windows, and children should practice using them. For extremely young kids, a “mini-exercise” from a first-floor window can at least educate the child as to expectations.
4. Feeling Way to Safety—Children should practice feeling their way out of the home in the dark or with their eyes closed. Par-

ents and providers can turn this into a game by blindfolding a child and placing in a room and asking them to feel their way to a designated area. Daycares and child care providers can set it up as an obstacle course, and then provide cues and help so that when they reach a designated end point, a special treat awaits!

From: Robin McClure, About.com

Keep it Moving

'A baby will make love stronger, days shorter, nights longer, bankroll smaller, home happier, clothes shabbier, the past forgotten, and the future worth living for.'
Unknown

Making an Activity Menu

Over the past three decades, the rate of obesity in preschool children has more than double. Childhood obesity is now considered an epidemic in this country. The good news is that childhood obesity can be prevented. In this activity, you'll learn how to help encourage your child to engage in more physical activity by creating an activity menu.

What We Learn

Exercise can be fun. Engage the entire family in physical activity. Outdoor play is a great way for children to explore and learn more about the world.

Supply List

Index cards, small box for index

cards, marker, magazines, scissors, glue, construction paper

How-To

Creating an activity menu is a simple but effective way to encourage your children to become more physically active.

Take a bunch of index cards and sit down with your children and discuss various ideas for physical activities. Write down activities you all agree on and you can do together. Examples might include:

*Run around the block *Hike up the hill *Bike around the neighborhood *Walk around the flea market *Kick the ball in the park

Have your kids go through old magazines and cut out pictures of that ac-

tivity. Glue the image to the index card. If your kids can't find a picture, they can make a drawing of the activity on the index card.

Collect all the index cards in a small box or container. Your kids can even use construction paper to decorate the box. Every day, have your child select a card from the box. That becomes your physical activity for the day.

Nothing encourages physical activity like excitement, so remember to have fun with your daily activity. As you and your child get used to this level of physical activity, increase the range and time of the activity.

From: www.aplaceofourown.org

“Cha-Ching” - Ways To Save Money

Going for the Green at the Grocery Store

Eat before you shop—Shopping on an empty stomach will always cost you more at the store. Have a snack before you go and you'll be less tempted to impulse buy.

Don't limit your shopping to eye level—many lower cost items, including store brands, are stocked on higher and lower shelves while higher priced items are at eye level. The most expensive items for kids are usually at their eye level. Look for the best deals.

Don't assume items are cheaper because they are a larger size or displayed separately—take a calculator along to determine the price per ounce or pound so you can get the best deal. And remember, larger is not always better. Buy only what you will use.

Save on eating out—While it may add slightly to your grocery bill, packing your lunch can save you a hundred dollars or more per month when compared to eating out.

From www.ccsinc.org/newsletter